



**4<sup>th</sup> PASOO DIABESITY WORKSHOP for HEALTH PROFESSIONALS**  
**June 3, 2023, 7:30 am to 5:00 pm, Summit Ridge Hotel, Tagaytay, Cavite**

**PROGRAM**

| Time                |   |
|---------------------|---|
| 7:30 AM – 8:20 AM   | Registration  |
| 8:20 AM – 8:45 AM   | Prayer<br>National Anthem<br>Welcome address <ul style="list-style-type: none"> <li>• Nemencio A. Nicodemus, Jr, MD – President, PASOO</li> <li>• Juan F. Ludovice Jr., MD, FPCP<br/>President, PCP Southern Luzon Chapter</li> </ul>   |
| 8:45 AM – 9:30 AM   | A multi-dimensional strategy for the prevention of diabetes (lifestyle, environmental, pharmacologic, psychologic, policymaking) <ul style="list-style-type: none"> <li>• Daveric A. Pagsisihan, MD</li> </ul>  |
| 9:30 AM – 10:15 AM  | The holistic approach in the assessment of individuals with diabetes <ul style="list-style-type: none"> <li>• Nemencio A. Nicodemus, Jr, MD</li> </ul>  |
| 10:15 AM – 10:30 AM | Snack Symposium – Boehringer Ingelheim<br>Adding Power to the Holistic Approach of Type 2 Diabetes Management <ul style="list-style-type: none"> <li>• <i>Juan Maria Ibarra O. Co, MD</i></li> </ul>  |
| 10:30 AM – 11:15 AM | When awareness and education are not enough: developing healthy habits for sustained lifestyle change <ul style="list-style-type: none"> <li>• Danice Justine L. Sta. Maria, MD</li> </ul>  |
| 11:15 AM – 12:00 NN | Individualizing medical nutrition therapy for the management of diabetes <ul style="list-style-type: none"> <li>• Celeste C. Tanchoco, RND, PhD</li> </ul>  |
| 12:00 NN – 1:15 PM  | Lunch symposium - sponsored by Novo Nordisk<br>Moderator: Juan Maria Ibarra O. Co, MD<br>-Weighing the importance of Obesity <ul style="list-style-type: none"> <li>• <i>Nemencio A. Nicodemus, Jr, MD</i></li> </ul> -Liraglutide 3mg: Weighing the evidence in Obesity Management <ul style="list-style-type: none"> <li>• <i>Mia C. Fojas, MD</i></li> </ul> |
| 1:15 PM – 2:00 PM   | Cardiovascular risk reduction among patients with diabetes <ul style="list-style-type: none"> <li>• Nannette R. Rey-Melgarejo, MD</li> </ul>  |
| 2:00 PM – 2:45 PM   | Reducing diabetes burden in the next generation <ul style="list-style-type: none"> <li>• Cynthia G. Feliciano, MD</li> </ul>  |
| 2:45 PM – 3:00 PM   | Snack symposium   |
| 3:00 PM – 3:45 PM   | Integrated pharmacologic management of diabetes <ul style="list-style-type: none"> <li>• Juan Maria Ibarra O. Co, MD</li> </ul>   |
| 3:45 PM – 4:30 PM   | Optimal physical health for every Juan <ul style="list-style-type: none"> <li>• Hercules P. Callanta, MSPE</li> </ul>   |
| 4:30 PM – 5:00 PM   | Closing ceremonies <ul style="list-style-type: none"> <li>❖ Awarding of certificates to medical society partners</li> <li>❖ Awarding of certificates to industry partners <ul style="list-style-type: none"> <li>• Nemencio A. Nicodemus, Jr, MD – President, PASOO</li> </ul> </li> </ul>  |